



March 2024

MIDDLE SCHOOL BREAKFAST MENU

 = **NEW!** menu item

**Breakfast is
FREE
for all students!**

Available Daily

Pick 1 Entrée (v) +

a Fruit or Juice:

Assorted Bagels
Fru dels or Cinni Minis
Breakfast Breads
Benefit Bars
Fruit & Yogurt Parfaits
Assorted Cereals

Pick 2 Entrées (v) +

a Fruit or Juice:

Choice 1:

Muffin, Pop-Tart or
Cereal Bar

Choice 2:

Crackers, Yogurt or
String Cheese

Assorted Fruit Sides &
100% Fruit Juice

Milk: Skim White,
Chocolate or Strawberry,
1% White

(V) = lacto-ovo vegetarian
may contain milk and/or eggs

(WG) = whole grain-rich

Menus are subject to
change without notice.

**Powering
potential.™**

MON	TUES	WED	THURS	FRI
 <p>Celebrate National School Breakfast Week March 4th – 8th with exciting, new menu items! The best part, breakfast is FREE</p>				<p>¹ Blueberry Muffin Top with Crackers (V, WG)</p>
<p>⁴ Bacon, Egg & Cheese on a Bagel (WG)</p> 	<p> ⁵ Maple Pancakes with Syrup (V, WG)</p>	<p>⁶ Yogurt Parfait Bar (V)</p> 	<p>⁷ Sausage, Egg & Cheese on a Bagel (WG)</p>	<p>⁸ Cinnamon Sugar Donut Holes (V, WG)</p>
<p>¹¹ Bacon, Egg & Cheese on a Bagel (WG)</p>	<p>¹² Blueberry Waffles with Syrup (V, WG)</p>	<p>¹³ Cheese Omelet with Sausage, Breakfast Potatoes & a Biscuit (WG)</p> 	<p>¹⁴ Sausage, Egg & Cheese on a Bagel (WG)</p>	<p> ¹⁵ Maple Glazed Bacon Donut (WG)</p> 
<p>¹⁸ Bacon, Egg & Cheese on a Bagel (WG)</p>	<p>¹⁹ Maple Waffles with Syrup (V, WG)</p>	<p>²⁰ Yogurt Parfait Bar (V)</p>	<p>²¹ Sausage, Egg & Cheese on a Bagel (WG)</p>	<p>²² Powdered Sugar Donut Holes (V, WG)</p>
<p>²⁵ Bacon, Egg & Cheese on a Bagel (WG)</p>	<p> ²⁶ Chocolate Chip French Toast with Syrup (V, WG)</p> 	<p>²⁷ Cheese Omelet with Sausage, Breakfast Potatoes & a Biscuit (WG)</p>	<p>²⁸ School Closed</p>	<p>²⁹ School Closed</p>

A meal includes an entrée, up to two fruit sides, and choice of milk.

To make a meal, students must select 3 or 4 items.
At least 1 item must be a ½ cup of fruit or a 4 oz fruit juice.

Meals without a fruit, will be charged a la carte pricing.

For nutritional information, visit <https://bethpa.nutrislice.com/menu/>

For more information, visit us online at: <https://www.basdschools.org/dini>